



# MicroDried®

Fruits & Vegetables  
Powders • Fragments • Whole

## instant peach pie oatmeal

- +1/3 cup quick oats
- +1 Tbsp brown sugar
- +1 Tbsp **MicroDried® Peach Fragments**
- +1/4 tsp cinnamon
- +Dash of vanilla extract
- +Dash of salt
- +3/4 cup water or milk of choice

- 1) Add all ingredients to a microwave safe bowl and stir.
- 2) Add 3/4 cup water or milk of choice and stir again.
- 3) Microwave for 1 minute until desired consistency is reached.

### featured product

MicroDried® Peach Fragments

Additional toppings: Fresh fruit, whipped cream, almond butter, granola, coconut

