



Banana Cream Pie Protein Smoothie

Ingredients

- 1 cup milk of choice
- 1 scoop (32g) vanilla or banana flavored protein powder
- 3/4 cup vanilla Greek yogurt
- 2 tablespoons **MicroDried® Banana Powder**
- 1 small frozen banana
- 1/2 teaspoon vanilla extract
- 1 cup ice
- 1/2 graham cracker sheet, crushed
- Whipped cream, for topping
- Nutmeg, for topping



Process

1. Add ingredients from milk to ice into a high-speed blender and mix to desired consistency.
2. Pour into glass. Top with whipped cream, crushed graham crackers, and a dash of nutmeg.