

## Aronia Tea

## **Ingredients**

- 2 tbsp loose leaf tea of choice
- 1 tbsp MicroDried® Aronia Fragments



## **Process**

- 1. Mix ingredients together and add to tea sachet or your preferred pour over receptacle.
- 2. Add to 8 oz of hot water and brew for 4 minutes. Wait until tea has cooled slightly and enjoy.