

# Brussels Sprouts Petite Wholes

## FG70363

### Ingredients

Brussels Sprouts

### Product Summary

- MicroDried<sup>®</sup> Brussels Sprouts are produced using proprietary REV (Radiant Energy Vacuum) dehydration technology
- Contains no carriers, artificial ingredients, or fillers
- This product complies with Federal Food, Drug, and Cosmetic Act (21 U.S.C. § 301, et seq.)
- This product complies with the Federal Insecticide, Fungicide and Rodenticide Act (7 U.S.C 136 et seq.)

Analyte	Expected Range
Moisture Content	≤ 7% Moisture
Water Activity	≤ 0.55
Extraneous Plant Material	< 1% above 10mm
Aerobic Plate Count	< 10,000 cfu/g
E. coli (generic)	< 10 cfu/g
Total Coliform	< 10 cfu/g
Mold	< 1,000 cfu/g
Yeast	< 1,000 cfu/g

### Country of Origin:

United States of America

### Certification:

Kosher

### Storage Recommendation:

Less than 70° F.

### Shelf Life:

24 months from date of pack under recommended storage conditions in unopened containers when protected from moisture and excessive heat.

### Packaging:

Packed in a 48 gauge metalized PET bag inside a double build corrugated box.

### Weight:

10 lbs.

**Brussels Sprouts  
Petite Wholes  
FG70363**

Analysis Name	Results per 100g
Calories	360 Cal
Carbohydrates	66.81 g
Total Sugars	16.49 g
Fructose	6.97 g
Glucose	6.07 g
Lactose	0 g
Maltose	0 g
Sucrose	3.45 g
Added Sugar	0 g
Total Fat	3.07 g
Trans Fat	0 g
Saturated Fat	0.63 g
Monounsaturated Fat	1.32 g
cis-cis Polyunsaturated Fat	1.50 g
Cholesterol	0 mg
Total Dietary Fiber	28.50 mg
Protein	18.90 g
Vitamin A (Beta Carotene)	231.25 IU
Vitamin C	296.40 mg
Vitamin D	0 mg
Calcium	195 mg
Iron	6.97 mg
Sodium	75.0 mg
Potassium	2775 mg
Ash	6.60 g

*Data obtained from multiple sources including testing and literature.  
Data is not lot specific and should not be considered a specification.*