

aronia tea

- +2 Tbsp loose leaf tea of choice
- +1 Tbsp Milne MicroDried® Aronia Fragments
- Mix ingredients together and add to tea sachet or your preferred pour over receptacle.
- 2) Add to 8 oz of hot water and brew for 4 minutes. Wait until tea has cooled slightly and enjoy.

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Milne MicroDried® Aronia Fragments



layered aronia berry parfait

- +1/2 cup plain or vanilla Greek vogurt
- +2 Tbsp Milne MicroDried® Aronia Powder
- +1/4 cup Milne MicroDried® Sliced Strawberries
- +2 Tbsp roasted pistachios
- +1/2 cup granola of choice
- 1) In a small bowl, mix **Milne MicroDried® Aronia Powder** into Greek yogurt and stir until completely combined.
- 2) Spoon approximately half the yogurt mixture into a wide bottomed glass as your base layer.
- 3) Add one tablespoon of roasted pistachios, two tablespoons of **Milne MicroDried® Sliced Strawberries** and 1/4 cup of granola. Repeat the layers until glass is full.

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Milne MicroDried® Aronia Powder
Milne MicroDried® Sliced Strawberries



4) Add additional toppings if desired and enjoy!

Topping ideas: shredded coconut, slivered almonds, honey, fresh berries, whipped cream, chocolate shavings, etc.